

MAS ALLA

Choreographer: Alan G. Birchall (April 99)

Level: Intermediate/Advanced.

Dance: One-wall Line dance

Steps/Count: 64

Music: Mas Alla (Beyond) - Gloria Estefan **BPM: 88** CD: Abriendo Puertas

Alt: Tres Deseos (Three Wishes) 12" Remix - Gloria Estefan **BPM: 130**



Alan G. Birchall

STEPS

ROCK RIGHT, RECOVER, CROSS SHUFFLE, WEAVE LEFT

- 1-2 Rock Right To Right, Recover On Left
- 3&4 Cross Right Over Left, Step Left To Left, Cross Right Over Left
- 5-6 Step Left To Left, Step Right Behind Left
- 7-8 Step Left To Left, Step Right In Front of Left

ROCK LEFT, RECOVER, CROSS SHUFFLE, WEAVE RIGHT

- 9-10 Rock Left To Left, Recover On Right
- 11&12 Cross Left Over Right, Step Right To Right, Cross Left Over Right
- 13-14 Step Right To Right, Step Left Behind Right
- 15-16 Step Right To Right, Step Left In Front Of Right

HEEL SWITCH'S, ROCK RIGHT, CROSS SHUFFLE

- 17&18 Touch Right Heel Forward, Step Right Beside Left, Touch Left Heel Forward
- &19& Step Left Beside Right, Touch Right Heel Forward, Step Right Beside Left
- 20& Touch Left Heel Forward, Step Left Beside Right
- 21-22 Rock Right To Right, Recover On Left
- 23&24 Cross Right Over Left, Step Left To Left, Cross Right Over Left

HEEL SWITCH'S, ROCK LEFT, CROSS SHUFFLE

- 25&26 Touch Left Heel Forward, Step Left Beside Right, Touch Right Heel Forward
- &27& Step Right Beside Left, Touch Left Heel Forward, Step Left Beside Right
- 28& Touch Right Heel Forward, Step Right Beside Left
- 29-30 Rock Left To Left, Recover On Right
- 31&32 Cross Left Over Right, Step Right To Right, Cross Left Over Right

ROCK FORWARD, RECOVER, 3/4 TRIPLE TURN RIGHT, ROCK FORWARD, RECOVER, LEFT COASTER STEP

- 33-34 Rock Forward On Right, Recover On Left
- 35&36 3/4 Triple Turn Over Right Shoulder (Backwards), Stepping Right, Left, Right, (Weight On Right)
- 37-38 Rock Forward On Left, Recover On Right
- 39&40 Step Back On Left, Step Right Beside Left, Step Forward On Left

ROCK FORWARD, RECOVER, 3/4 TRIPLE TURN RIGHT, ROCK FORWARD, RECOVER, LEFT COASTER STEP

- 41-42 Rock Forward On Right, Recover On Left
- 43&44 3/4 Triple Turn Over Right Shoulder (Backwards), Stepping Right, Left, Right, (Weight On Right)
- 45-46 Rock Forward On Left, Recover On Right
- 47&48 Step Back On Left, Step Right Beside Left, Step Forward On Left **6:00**

STEP 1/2 PIVOT, STEP 1/2 PIVOT, SIDE, BEHIND, SIDE SHUFFLE (RIGHT)

- 49-50 Step Forward On Right, Make 1/2 Pivot Left

- 51-52 Step Forward On Right, Make 1/2 Pivot Left
53-54 Step Right To Right, Step Left Behind Right
55&56 Step Right To Right, Step Left Beside Right, Step Right To Right

CROSS ROCK, RECOVER, SIDE SHUFFLE, 2½, TURN TO LEFT

- 57-58 Cross Rock Left Over Right, Recover On Right
59&60 Step Left To Left, Step Right Beside Left, Step Left To Left Making 1/2 Pivot Turn Left
61-62 Stepping On To Right Make 1/2 Pivot To Left (1 Full Turn), Step Onto Left Continue 1/2 Pivot to Left
63-64 Stepping Onto Right Continue 1/2 Pivot (2 Full Turns), Stepping Onto Left Continue 1/2 Pivot To Left **12:00**

START AGAIN

ALT: Removing Turns

CROSS ROCK, RECOVER, SIDE SHUFFLE, WEAVE LEFT WITH ½ TURN LEFT

- 57-58 Cross Rock Left Over Right, Recover On Right
59&60 Step Left To Left, Step Right Beside Left, Step Left To Left
61-62 Step Right Over Left, Step Left To Left,
63-64 Step Right Behind Left, Step Left To Left Making ½ Pivot Left**

When danced to the scripted music - the dance has a flowing movement that can be accentuated through out the dance if desired.