

HEART TO HOLD

Choreographer: Alan G. Birchall (November 1999)

Level: Intermediate/Advanced

Dance: Four Wall Line Dance

Steps/Count: 48 (If using album version there is a 32 count tag at beginning of track only!!)

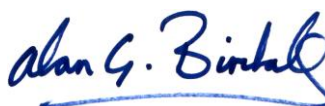
Music: : Ain't That A Lot Of Love - Simply Red BPM: 120 (Start On Lyrics)

SEE NOTES IF USING ALBUM VERSION!!

Waiting For Tonight - Jennifer Lopez

Now I Can Dance : Tina Arena

I Like It I Love It – Tim McGraw



STEPS

HEEL SWITCH'S & HOLDS

- 1&2** Touch Right Heel Forward, Step Right By Left, Touch Left Heel Forward
&3 Step Left By Right, Touch Right Heel Forward
4 Hold
&5& Step Right By Left, Touch Left Heel Forward, Step Left By Right
6&7 Touch Right Heel Forward, Step Right By Left, Touch Left Heel Forward
8 Hold

ROCK FORWARD, RECOVER, 3/4 SHUFFLE TURN, LEFT SIDE SHUFFLE, CROSS UNWIND

- &9-10** Step Left By Right, Rock Forward On Right, Recover On Left
11&12 Make 3/4 Shuffle Turn Over Right Shoulder (Backwards), Stepping Right, Left, Right (Weight Ends On Right)
13&14 Step Left To Left Side, Step Right By Left, Step Left, To Left
15-16 Cross Right Behind Left, Unwind 1/2 Turn Right

SYNCOPATED VINE, UNWIND 1/2 TURN, HIP WALKS

- 17-18** Step Left To Left, Cross Right Behind Left
&19-20 Step Left To Left, Cross Right Over Left, Unwind 1/2 Turn Left
21&22 Step Forward On Right Whilst Bumping Hips Right, Left, Right
23&24 Step Forward On Left Whilst Bumping Hips, Left, Right, Left

STEP 1/2 PIVOT, TOUCH, TOUCH, 1/2 PIVOT RIGHT, HOLD, FULL TURN RIGHT

- 25-26** Step Forward On Right, Make 1/2 Pivot Turn Left
27-28 Touch Right Toe Forward, Touch Right Toe Back
29-30 On Ball Of Left Foot Make 1/2 Pivot Turn Right (Weight Transfers To Right) , Hold
31 On Ball Of Right Make 1/2 Pivot Turn Right, Whilst Stepping On To Left
32 On Ball Of Left Make 1/2 Pivot Turn Right, Whilst Stepping On To Right

ROCK, RECOVER, COASTER STEP, STEP 1/2 PIVOT, TOUCH, TOUCH

- 33-34** Rock Forward On Left, Recover On Right
35&36 Step Back On Left, Step Right Beside Left, Step Forward On Left
37-38 Step Forward On Right, Make 1/2 Pivot Left
39-40 Touch Right Toe Forward, Touch Right Toe Back

1/2 RIGHT, HOLD, FULL TURN, ROCK RECOVER, COASTER STEP

- 41-42** On Ball Of Left Foot Make 1/2 Pivot Turn Right (Weight Transfers To Right), Hold
43 On Ball Of Right Make 1/2 Pivot Turn Right, Whilst Stepping On To Left
44 On Ball Of Left Make 1/2 Pivot Turn Right, Whilst Stepping On To Right
45-46 Rock Forward On Left, Recover On Right
47&48 Step Back On Left, Step Right Beside Left, Step Forward On Left

START AGAIN

OPTIONAL: INTRO STARTING ON MUSIC FOR ALBUM VERSION ONLY

To start the main dance facing the 12- 0- Clock wall (Front/Stage) When doing this tag start facing 9- 0- clock

HEEL SWITCH'S & HOLDS

- 1&2** Touch Right Heel Forward, Step Right By Left, Touch Left Heel Forward
&3 Step Left By Right, Touch Right Heel Forward
4 Hold
&5& Step Right By Left, Touch Left Heel Forward, Step Left By Right
6&7 Touch Right Heel Forward, Step Right By Left, Touch Left Heel Forward
8 Hold

ROCK FORWARD, RECOVER, 3/4 SHUFFLE TURN, LEFT SIDE SHUFFLE, CROSS UNWIND

- &9-10** Step Left By Right, Rock Forward On Right, Recover On Left
11&12 Make 3/4 Shuffle Turn Over Right Shoulder (Backwards), Stepping Right, Left, Right (Weight Ends In Right)
13&14 Step Left To Left Side, Step Right By Left, Step Left, To Left
15-16 Cross Right Behind Left, Unwind 1/2 Turn Right

SYNCOPATED VINE, UNWIND 1/2 TURN, HIP WALKS

- 17-18** Step Left To Left, Cross Right Behind Left
&19-20 Step Left To Left, Cross Right Over Left, Unwind 1/2 Turn Left
21&22 Step Forward On Right Whilst Bumping Hips Right, Left, Right
23&24 Step Forward On Left Whilst Bumping Hips, Left, Right, Left

HIP WALKS, STEP 1/2 PIVOT, STOMP, STOMP

- 25&26** Step Forward On Right Whilst Bumping Hips Right, Left, Right
27&28 Step Forward On Left Whilst Bumping Hips, Left, Right, Left
29-30 Step Forward On Right, Make 1/2 Pivot Turn Left
31-32 Stomp Right In Place, Stomp Left In Place

START MAIN DANCE