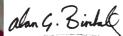
STEPPIN'OFF



THEPage



Approved by:



Care

4 WALL – 40 COUNTS – INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Side, Back Rock, Side, Behind Side Cross, Side Rock, Cross, 1/4 Coaster		
1	Step right big step to right.	Side	Right
2 & 3	Rock back on left. Recover onto right. Step left to left side.	Rock & Side	Left
4 & 5	Cross right behind left. Step left to left side. Cross right over left.	Behind Side Cross	
6 & 7	Rock left to left side. Recover onto right. Cross left over right.	Rock & Cross	Right
8 & 1	Making 1/4 turn left step right back. Step left beside right. Step right forward. (9:00)	Quarter Coaster	Turning left
Section 2	Step, Step, Pivot 1/2, Step, Full Turn, Rock 1/4 Turn, Cross		
2	Step left forward.	Step	Forward
3 & 4	Step right forward. Pivot 1/2 turn left. Step right forward. (3:00)	Step Pivot Step	Turning left
5 – 6	Make 1/2 turn right stepping left back. Make 1/2 turn right stepping right forward.	Full Turn	Turning right
Option	Replace full turn with Walk forward - left, right.		
7 & 8	Making 1/4 turn right rock left to side. Recover onto right. Cross left over right. (6:00)	Rock Quarter Cross	
Restart	Wall 3: Restart dance from the beginning at this point.		
Section 3	Forward Rumba Box, Back Rumba Box, Lock Step Back, Coaster Step		
1 & 2	Step right to right side. Close left beside right. Step right forward.	Side Together Forward	Forward
3 & 4	Step left to left side. Close right beside left. Step left back.	Side Together Back	Back
5 & 6	Step right back. Lock left across right. Step right back.	Back Lock Back	
7 & 8	Step left back. Step right beside left. Step left forward.	Coaster Step	On the spot
Section 4	Forward Rock, 1&1/4 Triple Turn, Cross, Back, Side, Cross		
1 – 2	Rock forward on right. Recover onto left.	Rock Forward	On the spot
3 & 4	Triple step 1 & 1/4 turn right, stepping - right, left, right. (9:00)	Triple 1 & 1/4	Turning right
Option	Replace counts 3 & 4 with Chasse 1/4 turn right.		
5 – 6	Cross left over right. Step right back.	Cross Back	Back
7 – 8	Step left to left side. Cross right over left.	Side Cross	Left
Section 5	Chasse, Cross Mambo 1/4 Turn, Step, Pivot 1/2, Step, 1/4 Sway		
1 & 2	Step left to left side. Close right beside left. Step left to left side.	Chasse	Left
3 & 4	Cross rock right over left. Recover onto left. Make 1/4 turn right stepping right forward.	Mambo Quarter	Turning right
5 & 6	Step left forward. Pivot 1/2 turn right. Step left forward. (6:00)	Step Pivot Step	
7 – 8	Making 1/4 turn left sway right to right side. Recover onto left. (3:00)	Quarter Sway	Turning left

Choreographed by: Alan G Birchall (Nuline UK) January 2012

Choreographed to: 'Care' by Kid Rock, Martina McBride & T.I. (85 bpm) from CD Single or album Born Free; download available from amazon.co.uk or iTunes

(8 count intro - start just before vocals)

Restart: There is one Restart during Wall 3



A video clip of this dance is available at www.linedancermagazine.com